AMENDMENTS TO THE SPECIFICATION:

Please replace paragraph [0096] with the following rewritten paragraph:

[0096] Such undulating protrusions 1106 may be formed from an aluminum strip with a thickness *T* of about 0.012" and a width *W* of about 0.30". The undulations 1104 in this example have a height *H* of about 0.55" and a spacing *S* between the protrusions 1100 of about 0.05". Using there values for the width *W*, the thickness *T*, and the height *H* yields an aspect ratios ~~of about 8.1.~~ as follows:

$$\text{Aspect Ratio} = \frac{H}{\sqrt{TxW}} = \frac{.55}{\sqrt{.012x30}} = \frac{.55}{.06} = 9.1$$

or, using the dimension H = .5

$$\text{Aspect Ratio} = \frac{.55}{.06} = 8.3$$